



07-05-2020

Prayer: I Got Your Back

- **Prayer Should Be First Thing We Do**

Psalms 31:10 - *I am dying from grief; my years are shortened by sadness. Sin has drained my strength; I am wasting away from within.*

Psalms 40:11-13 - *Lord, don't hold back your tender mercies from me. Let your unfailing love and faithfulness always protect me. ¹² For troubles surround me—too many to count! My sins pile up so high I can't see my way out. They outnumber the hairs on my head. I have lost all courage. ¹³ Please, Lord, rescue me! Come quickly, Lord, and help me.*

Matthew 26:36-46 - *Then Jesus went with them to the olive grove called Gethsemane, and he said, "Sit here while I go over there to pray." ³⁷ He took Peter and Zebedee's two sons, James and John, and he became anguished and distressed. ³⁸ He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me." ³⁹ He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine." ⁴⁰ Then he returned to the disciples and found them asleep. He said to Peter, "Couldn't you watch with me even one hour? ⁴¹ Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!" ⁴² Then Jesus left them a second time and prayed, "My Father! If this cup cannot be taken away unless I drink it, your will be done." ⁴³ When he returned to them again, he found them sleeping, for they couldn't keep their eyes open. ⁴⁴ So he went to pray a third time, saying the same things again. ⁴⁵ Then he came to the disciples and said, "Go ahead and sleep. Have your rest. But look—the time has come. The Son of Man is betrayed into the hands of sinners. ⁴⁶ Up, let's be going. Look, my betrayer is here!"*
Jesus is "anguished and distressed", as he lays face first on the ground he pleads with the Father for deliverance from what he's about to go through.

Hebrews 5:7-9 - *While Jesus was here on earth, he offered prayers and pleadings, with a loud cry and tears, to the one who could rescue him from death. And God heard his prayers because of his deep reverence for God. ⁸ Even though Jesus was God's Son, he learned obedience from the things he suffered. ⁹ In this way, God qualified him as a perfect High Priest, and he became the source of eternal salvation for all those who obey him.*

- **Jesus Revealed His Inner Turmoil To His Closest Friends**
- **Spiritual Sensitivity Is A Key Part Of Discipleship**
- **Through Prayer He Was Revealing His Sorrow**
- **A Strong Trust In God's Plan Still Exists**
- **Corporate Prayer Is Often More Powerful And Supportive Than Personal Prayer**
- **They Must Learn The Importance Of Prayer In Times Of Great Need**

Psalm 51:12 - *Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.* NIV

- **A Willing Spirit Needs The Holy Spirit To Empower It And Help It To Do God's Will**
- **God's Strength Fortifies Our Struggles And Overcomes Satan**
- **In Gethsemane, Christ Obtained Strength**